WHY DO TEETH CHANGE COLORS?

INTERNAL CHANGERS
- Trauma
- Medications
- Age
- Smoking

EXTERNAL CHANGERS
- Drinking coffee, tea, and red wine
- Smoking
- Sports

WHEN SHOULD YOU NOT WHITEN YOUR TEETH?

POST-TREATMENT TEETH AND GUMS CAUTIONS
- Bite sensitivity
- Gum recession
- Soreness

WHO SHOULD TAKE PRECAUTIONS?

These with open or deep cavities
These with cavities filled with materials that do not have fluoride
These with recent gum surgery or gum disease

HOW DOES WHITENING WORK?

TRUE TEETH BLEACHING
- Peroxide chemicals
- Penetrate enamel and oxidize dark pigments

SUPERFICIAL STAIN REMOVAL
- Surface abrasives
- Remove stains from teeth

WHITENING THAT LASTS

TOOTHPASTE
- Whitening toothpastes
- Targeted chemicals
- Maintain a whiter smile

STRIPS
- Custom trays
- Best results

HOME TREATMENTS
- Teeth whiteners
- Simple and effective

YOUR DENTIST
- In-office whitening
- Safest and most effective

WHAT DOESN'T WORK?

PEROXIDE FREE
- Peroxide chemicals
- False hope

DIY FORMULATIONS
- Lemon juice
- Activated charcoal
- DIY recipes

TEETH WHITENING
- Touch base with your dentist
- Determine the best

NEXT STEPS

WANT TO KNOW MORE? GET IN TOUCH!

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*TEETH WHITENING*

Teeth whitening is one of the most popular cosmetic dental procedures performed by dental professionals. There are many over-the-counter products that claim to whiten teeth, but not all are effective. It is always best to seek your dentist's advice on any type of whitening option to confirm their safety and effectiveness.