

#### WHAT ARE DENTAL VENEERS?

Dental veneers are a type of overlay used to cover the teeth to change their appearance

Each tooth is designed to have its own individual veneer on the visible surfaces of the teeth.

# WHAT COSMETIC SMILE ISSUES CAN DENTAL VENEERS IMPROVE?

#### MINOR CROWDING

With dental veneers, we can give the appearance of straight teeth without actually straightening them. However, those with severe crowding or overlapping should ask us about Invisalign.

#### DISCOLORATION

If your teeth have not responded to professional teeth whitening the way you had hoped, you should consider a restorative option like veneers.

#### SMALL GAPS BETWEEN THE TEETH

Veneer material, either porcelain or tooth-colored composite resin, can close small gaps. Our team will customize the design to ensure that the final shape of the veneers looks natural for your face.

#### CHIPPED OR JAGGED TEETH

Due to heavy wear and tear from biting or using your teeth as tools, some people may develop chips or jagged teeth. We can rebuild these areas with veneers.

### UNDERSIZED TEETH

In cases of misshapen teeth or teeth that appear too small relative to their neighbors (or too small for the mouth as a whole), we can reshape or resize your teeth with veneers.

## HOW CAN I BEST TAKE CARE OF MY VENEERS?

## PREVENT CAVITIES

If decay develops underneath a tooth with a veneer, your dentist may need to replace the veneer to treat the filling. You can prevent cavities through diligent home care and consistent professional cleanings.

## PREVENT CHIPPING AND DEBONDING

One of the most common reasons veneers require replacement is due to chipping or debonding. This usually occurs as the result of clenching or grinding, a habit that many do subconsciously during sleep.

The most effective way to protect your veneers from the effects of teeth clenching is through wearing a professional, custom-made nightguard.



### **NEXT STEPS**

Dental veneers can transform your smile and boost your confidence! If you are ready to have the smile of your dreams, schedule a consultation with us today.

